



#### ABOUT THE PRO: ANDRE MAUR

Squash Pro, Andre Maur, has been playing squash professionally for the last 18 years. He is currently ranked #1 in the U.S. and has been ranked in the top 70 in the world, and #1 in Ireland over the last decade. Other professional accomplishments include:

- US National Champion 2006 & 2007.
- In 2007, Andre was asked to manage, coach and play for Ireland as well as the U.S. team.
- Andre has managed one of the top clubs in Germany as well as in Atlanta, with responsibilities involving club tournaments, clinics, and leagues.
- He is one of the highest qualified coaches with part I, II and III coaching degrees.
- Andre successfully completed a book on squash at the request of the German federation.
- For the last nine years, Andre has organized major squash events in the Caribbean and the United States.

#### HOW?

It's so easy. Just call the Concourse Club and ask for Andre, Squash Pro, to book your lesson. He will be available Monday to Friday from 9AM - 10PM and on most weekends for special lessons and clinics. Or you can simply book your lesson via e-mail at [andre@globalsquash.com](mailto:andre@globalsquash.com).

#### HOW MUCH?

The cost covers the following:

Court time, individual coaching and techniques, racket test, warm up and cooling down, stretching instruction and training, sauna, and whirlpool.



CONCOURSE  
ATHLETIC CLUB

[ConcourseClub.com](http://ConcourseClub.com)

770.698.2000

8 Concourse Parkway NE, Sandy Springs

SQUASH



CONCOURSE  
ATHLETIC CLUB

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Experience the highest quality squash courts and programming in the area along with a variety of classes for beginning to advanced players. Concourse Athletic Club offers private squash lessons, league play, juniors programs, tournaments, socials and more. Additional fees may apply. Contact the hospitality desk for more information.

#### LEAGUE NIGHT

Wednesday is League Night. All games will be played to get the leagues started again. Please sign up at the squash board. League fees will apply. This is a great way to meet squash players. Everyone get a box league t-shirt for participating.

#### CLUB LADDER

As part of the squash program you can challenge other players at any time to improve your club ranking. Currently we have 200 players on the ladder and it will increase throughout the season. If you would like to contact any squash player there is a member list on the squash board with all of the active squash players ranking levels, phone numbers and e-mail addresses.

#### SOCIAL NIGHT

Four times during the season we will host a night where you can come drink and play a 'gladiator type' of game and walk away with prizes. This is the squash-social event of the season. All dates will be announced.

#### GOT SQUASH?

We are now offering an introductory program that will teach you the basics of squash. Cost is \$15 per person.  
Part 1 - Court, rules and basic racket techniques  
Part 2 - Basic movement on the court  
Part 3 - Backhand, Forehand & Serves  
Part 4 - Drives, boasts & cross-courts

#### COURT RESERVATIONS

Court reservations are available thru the front desk. A 12 hour cancellation policy is in effect. Please contact the front desk for full policies and procedures on court reservations. 770.698.2000

#### HAS YOUR RACKET LOST ITS TENSION?

Is too old or too weak tension the problem with your racket? Get your racket strung by Andre Maur who will put a good synthetic or gut string in your racket within 24 hours.

#### JUNIOR AFTER KIDS PROGRAM

Junior coaching is held every Tuesday and Thursday from 4:30-5:15PM. Cost is \$15.

#### JUNIOR SQUASH SUMMER CAMPS

The Concourse Athletic Club name has long been associated with excellence in Squash in America. Under the leadership of Andre Maur, the head Squash pro, the programs have thrived for the past several years. Introducing this year are one-week Squash Training Camps and Adult training weekends. Andre Maur camps take an intimate approach - with small group sizes and much personal attention. It is 100% squash at this camp. Andre takes personal interest in all his students & has an excellent ability to find and correct technical and tactical problems in your squash game.

#### Campers need to bring:

- Non-marking sole sneakers
- Protective eyewear
- A bag lunch
- Swimsuit

#### 4:1 Student Ratio

Available for beginners, Intermediate & Advanced

- We will provide your child's squash racket and ball
- A nutrition clinic geared to sports in order to achieve a healthy maximum performance level
- Coached by Andre Maur and trained professionals
- Hosted at the Concourse Athletic Club, one of Atlanta's most upscale luxurious fitness facilities.

#### Junior Program

Sign up for the Special- Intensive- Training

- You will learn skilled shots out of every position
- You will receive a personalized training program for 3 months based on your individual needs and goals.
- You can be trained to develop a squash professional future.

#### Every Junior Receives

- A Free T-shirt
- Personalized workout
- Nutritional diet guidance

#### SQUASH LESSONS

Lessons are available during the week from 9AM to 10PM. Special lessons and clinics can be arranged on weekends. A 24 hour cancellation policy is in effect for lessons. Please call for times available. Lessons are a great way to improve your game and technique.

#### Private pricing:

45-minute lesson: \$55 Member  
60-minute lesson: \$75 Member  
(11) 45-minute lessons: \$550 Member

#### Group pricing (45 minutes):

2 players: \$35 per Member  
3 players: \$30 per Member  
4 players: \$25 per Member

#### CONTACT INFORMATION

**Andre Maur** - E-mail:andre@globalsquash.com,  
Phone: 770.698.2093

#### WHO?

Everyone can learn:

- Learn Squash at any age.
- Beginners, intermediate, or advanced.
- Juniors looking for a professional future or a scholarship in many ivy league colleges.

#### WHY PLAY SQUASH?

The main reason is because it is fun and is a great social game. Squash is one of the fastest ways to get in shape and relieves stress. Did you know 30 Minutes of Squash equals 2 1/2 Hours of Racquetball, 3 1/2 Hours of Tennis or 6 Hours of Golf?

#### WHAT WILL I LEARN?

##### *BEGINNER COURSE*

- Technique training
- Forehand, backhand, and serve
- Drives, Boasts and Cross-courts

##### *INTERMEDIATE COURSE*

- Drives, Boasts, Cross-courts and Dropshots
- Movement to the T
- Volleys