

COURTSIDE GRILL

Warm Ups

Ahi Tuna 9.95

Blackened Ahi tuna served rare on a bed of mixed greens and cucumber tossed in our Oriental Dressing.

Asian Chicken Satay 6.95

Marinated chicken skewers with ginger vinaigrette, cucumbers & pickled ginger.

Buffalo Wings

10 Wings 7.95, 20 Wings 12.95, 30 Wings 17.95

Served Mild, Medium or Hot with celery sticks, carrot sticks and blue cheese. BBQ or Teriyaki.

Chicken or Beef Quesadillas 7.95

Our house favorite, starting with grilled strips of our marinated chicken or beef in a special sauce, with cheese, tomatoes and jalapenos. Served with salsa and sour cream.

Chicken Tenders 7.95

Fresh chicken tenders in our chef's special batter, served with honey mustard, dipping sauce and fries. Available Buffalo Style with Blue Cheese.

Chicken or Beef Nachos 7.95

Homemade nacho chips topped with chicken or beef, queso, salsa and sour cream.

Chips & Salsa 4.95

Our house-made salsa served with fresh hot tortilla chips & guacamole.

French Onion Soup 4.95

Sweet onions in broth topped with crusty bread and melted cheese.

Handmade Potato Chips 5.95

Served with Blue Cheese

Hummus 6.95

Potato Skins 7.95

Topped with cheddar, bacon and sour cream.

Queso Dip 3.95

Served with fresh hot tortilla chips.

Smoked Salmon 8.95

Scottish smoked salmon with rye toast, eggs, onion & capers.

Spinach - Artichoke Dip 5.95

Veggie Plate 7.95

Raw or steamed cucumbers, carrots, tomatoes, broccoli and cauliflower served with ranch dressing.

Salads

All dressings are served on the side: House Vinaigrette, Dijon Vinaigrette, Balsamic Vinaigrette, Caesar, Bleu Cheese, Honey Mustard, Oriental Dressing, Thousand Island, Lite Ranch, Fat-Free Raspberry Vinaigrette, and Fat-Free Ranch. Extra Dressing .25 each.

House Salad 5.95

Mixed greens, tomato, cucumber and shredded carrots.

Caesar Salad 5.95

Crisp Romaine lettuce topped with fresh parmesan and croutons.

Topped with Grilled Chicken 8.95

Grilled or blackened

Topped with Sautéed Shrimp 12.95

Grilled or blackened

Topped with Salmon 12.95

Grilled or blackened

Topped with Chicken Tenders 9.95

Regular or Buffalo Style

Grilled Chicken Salad 8.95

Mixed greens, tomato, cucumber, sautéed, onions and mushrooms topped with Marinated Chicken and cheddar cheese.

Chicken or Tuna Salad Plate 7.95

Combo 8.95

Chef chicken or tuna salad served on top of the house salad with apple wedges & fresh pineapple.

Cobb Salad 8.95

Mixed lettuce, bacon, eggs, chicken, tomato and avocado with blue cheese crumbles.

Chef Salad 8.95

We start with our house salad and add turkey, ham, shredded cheddar, mozzarella and sliced egg.

Greek Chicken Salad 8.95

Mixed greens, Chicken Breast, feta cheese, black olives, red onion, pepperoncini peppers, tomatoes and cucumbers.

Grilled Portabella Salad 9.95

Goat cheese, sun-dried tomatoes and pine nuts on a bed of mixed greens with balsamic vinaigrette dressing.

Chicken or Beef Taco Salad 8.95

Mixed greens, topped with grilled chicken, tomato wedges, shredded cheddar, salsa, sour cream and guacamole.

Ahi Tuna Salad 12.95

Our house salad with ginger and seared Ahi tuna, served rare.

Steak Salad 12.95

Our house salad served with Steak, grilled to your specifications and bleu cheese crumbles.

Soup & Salad Combo 7.95

Our house salad served with a cup of our soup of the day.

Oriental Salad 8.95

Marinated grilled chicken breast on top of our house salad with almonds, fresh pineapple, mandarin oranges and snow peas.

Spinach Salad 7.95

Topped with chopped bacon, shredded egg, sliced mushrooms, red onion, diced tomatoes, and bleu cheese crumbles. Served with a side of homemade Dijon vinaigrette dressing.

Grilled Turkey Salad 8.95

Grilled turkey breast on top of our house salad with fresh pineapple and mandarin oranges with Dijon vinaigrette dressing.

House-Made Desserts

Ask your server about our fresh baked dessert of the day. Ice Cream



C O N C O U R S E
ATHLETIC CLUB

Burgers & Sandwiches

All burgers and sandwiches come with your choice of a side item. Using 0 trans fat frying oil

Burger 8.50

10oz. Black Angus beef, lettuce and tomato on a toasted Kaiser roll.

Bacon Cheeseburger 8.95

Top our Burger with Smokehouse bacon & choice of Cheddar, American, Swiss, or Monterey Jack.

Blackbean Burger 7.95

All Veggie Burger with a little spice.

Blackened Tilapia 8.95

Fresh fish blackened to perfection, served on a Kaiser roll with lettuce, tomato and tartar sauce.

California Chicken Paninni 7.95

Grilled chicken, avocados, tomatoes & alfalfa sprouts.

Cuban Sandwich 8.95

Grilled BBQ Chicken Chicken 8.95

Grilled Chicken topped with BBQ sauce, sauteed mushrooms and Monterey Jack.

Italian Pannini 7.95

Capizolla, ham, pepperoni, hard salami & provolone cheese with Basil pesto.

Mushroom Onion 8.95

Smother our Burger in sauteed mushrooms & onions.

Turkey Breast Sandwich 7.95

Char-grilled Turkey breast on a Kaiser roll.

Turkey Burger 7.95

Ground turkey, lettuce and tomato on a toasted Kaiser roll.

Philly Cheesesteak 7.95

Classic roast beef or chicken on hoagie with onions and cheese.

Veggie Pannini 7.95

Grilled zucchini, yellow squash, red pepper & herb mayo.

Deli Selections

Sandwiches come on your choice of freshly baked white, wheat, rye, Kaiser roll, hoagie roll or Pita and a side item.

Turkey BLT 7.95

With lettuce, tomato and bacon.

Grilled Ham & Swiss 7.95

Served on rye bread.

Corned Beef Rueben 7.95

Corned beef, sauerkraut, Thousand Island dressing, and Swiss on rye.

The Concourse Athletic Club 7.95

Our house Club has lean ham, turkey, Monterey Jack & cheddar cheese, bacon, lettuce, tomato and mayo on toasted white bread.

Chicken Salad 7.50

Simply the best! Made with our own blend of seasonings. Served with lettuce and tomato.

Italian Sub 7.95

Ham, capicola, pepperoni, provolone, lettuce, tomatoes, spices, vinaigrette. Served Hot or Cold.

Tuna Salad 7.50

Albacore tuna, seasoned with a touch of dill, lettuce and tomato.

Soup & Half Sandwich 7.95

Cup of soup & any deli sandwich. Excludes wraps.

Watching Your Carbs?

Try one of our wraps.

Asian Chicken Wrap 7.95

Marinated chicken with nappa cabbage, cucumber, oranges, red peppers, carrots & ginger vinegar.

Blackened Chix Wrap 7.95

Lettuce, tomatoes and Monterey Jack cheese in a tomato basil floured tortilla.

Chix Caesar Wrap 7.95

Grilled chicken, romaine and parmesan cheese with dressing on the side.

Greek Chicken Wrap 7.95

Lettuce, tomatoes, black olives and feta cheese.

Entrees

All entrees served with a fresh roll. Add a side salad or cup of soup 2.95

Fish Tacos 9.95

Two soft tacos filled with your choice of grilled or blackened tilapia, fresh pico de gallo, shredded lettuce and served with a side of rice.

Fresh Catch of the Day MP

Grilled and topped with our own herbed butter.

Grilled Shrimp 13.95

Jumbo shrimp (7) seasoned & grilled or blackened, served on a bed of rice pilaf and vegetables.

Hawaiian Chicken 8.95

Teryaki glazed chicken over rice with grilled pineapple and mixed vegetables.

Turkey Grille 8.50

Char-grilled turkey breast served with rice pilaf and vegetables.

Salmon Plate 12.95

Grilled or blackened with rice pilaf and vegetables.

Pasta Specialties A La Carte

Crescent City Rotini with Chicken 8.95

Rotini pasta sauteed with diced tomatoes, zucchini, blackened seasoning and topped with parmesan cheese.

Greek Chicken Sauté 9.95

Sauteed breast of chicken, garlic, feta cheese, mushrooms, tomatoes, black olives, pepperoncini peppers, basil thyme, and oregano tossed with rotini pasta.

Pasta Primaera 8.95

Zucchini, squash, broccoli, fresh basil, caramelized onion in light olive oil and garlic served on whole wheat pasta.

Thai Shrimp Pasta 10.95

Sauteed shrimp with asian vegetables mixed in sweet & spicy sauce.

Sides

Soup Du Jour From Our Chef's Kettle - Cup 3.95 **Bowl** 4.95

Sweet Potato Fries 3.95

Cottage Cheese 1.95

Vegetable Du Jour 2.95

Baked Potato 1.95

Wild Rice 1.95

Green Beans 2.95

French Fries 2.95

Fruit Cup 2.95

Pasta Salad 1.95

Sauteed Spinach 1.95

Corn on the Cobb 1.95

Corporate Catering and Box Lunches. Reserve or Private Room (seats 20). Parties of 6 or more, 18% gratuity will be added to all checks.